

# L.T.C. PRE-CONFERENCE REGISTRATION FORM

**Wednesday, March 20, 2019** - CAAD is offering two NIAAA Leadership Training Courses to assist athletic directors in their day to day responsibilities as well as for those seeking NIAAA Certification. They will be offered the day prior to the statewide conference at an additional fee. These two courses are being offered back to back so you can take two in one day if desired. The cost is \$120 each for CAAD members. The fee includes lunch but there is an optional dinner for LTC participants only at an additional fee.

**LTC 627: 8:30AM-12:30PM** (*Instructors – Dan Scavone, Chris Meyers*):

## **ADMINISTRATION OF INTERSCHOLASTIC SPORTS STRENGTH & CONDITIONING PROGRAM**

This course will examine the role of the athletic director and other school administrators in supporting and developing the interscholastic strength & conditioning program within a school or district. In this regard, topic coverage will include: (1) philosophy of strength & conditioning for ages 12-18; (2) function of strength & conditioning in rehabilitation of injury; (3) roles and responsibilities of coaches and athletic administrators; (4) the interscholastic weight room – specifications and equipment; (5) financial issues and strategies; (6) helping parents, athletes and the general public understand the role strength and conditioning; (7) legal issues and risk management strategies; (8) certification of strength & conditioning personnel; (9) performance enhancing substances in interscholastic strength & conditioning; and (10) contemporary administrative issues and response strategies.

**LTC 715: 1:00PM-5:00PM** (*Instructors – Trish Witkin*):

## **APPROPRIATE PROFESSIONAL BOUNDARIES: IDENTIFYING, IMPLEMENTING AND MAINTAINING**

This course will assist in identifying professional boundary awareness as it relates to interaction between student and educator. It examines and describes several categories of boundary issues and attempts to create a pathway to a proactive approach for the school administrator to formulate a professional code of conduct. Several examples of legal statues and reporting mandates that all school employees should become familiar with will be examined. The course will provide guidance in developing educational responsibilities by offering suggested training mandates and reporting rules. Identifying roles of victims, offenders and bystanders will be defined. Examples and best practice techniques in developing useful social media policies will be discussed.

## **REGISTRATION MUST BE RECEIVED NO LATER THAN FEBRUARY 25, 2019**

Name \_\_\_\_\_ Title \_\_\_\_\_

School \_\_\_\_\_ Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_ Telephone \_\_\_\_\_

**Please place a check mark next to the function(s) you wish to attend**

1. LTC 627 (Strength & Conditioning) 8:30am-12:30pm - \$120.00 \_\_\_\_\_

2. LTC 715 (Boundaries) 1pm-5pm - \$120.00 \_\_\_\_\_

3. Optional Dinner (5:15pm for LTC participants only) \$50.00 \_\_\_\_\_

**Total Enclosed** \_\_\_\_\_

Make checks payable to CAAD. Mail to: Judy Sylvester, CAAD, 30 Realty Drive, Cheshire, CT 06410